

willow



10k

NEW FOR 2015
5k
+JUNIOR 1k

Sunday 4
October 2015
Hatfield House
Hertfordshire
11am start



Great for runners,
joggers, friends and
fun for all the family



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special days for seriously ill young adults

Put yourself to the test for **Special Days**
Every step makes a difference

Don't delay, register today at
willowfoundation.org.uk/willow10k

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Registered Charity Number 1106746